

Dove Healthcare in Osseo

**Home Delivered Meals/Senior Dining & Fellowship
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County**

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001

Serving Monday-Friday from 11:45 to 12:45

Suggested Donation is \$ 3.75 per meal

(Anyone under 60 must pay the full meal cost of \$ 9.52)

January 2019

January 1st - 4th :

- Tuesday: Holiday
- Wednesday: Chicken & Rice Hotdish, Stir-Fry Vegetables, Corn Bread Muffin, Fresh Banana, Fig Newton
- Thursday: Spaghetti w/ Meat Sauce, Dinner Roll w/ Butter, Asparagus, Apple Sauce, Carrot Cake
- Friday: Lemon Pepper Haddock, Mashed Potatoes w/ Gravy, Crinkle Cut Carrots, Diced Pears, String Cheese

January 7th - 11th:

- Monday: Homemade Meatloaf, Mashed Potatoes & Gravy, California Blend, Cranberry Sauce, Assorted Pudding
- Tuesday: BBQ Pork Sandwich w/ Bun, Black Beans, Cauliflower, Diced Peaches, Chocolate Chip Cookie
- Wednesday: Chicken Cordon Bleu, Wild Rice Blend, Mixed Vegetables, Mandarin Oranges, Rice Krispy Treat
- Thursday: Turkey & Rice Hotdish, Rye Bread w/ Butter, Crinkle Cut Carrots, Assorted Fruit Juice, White Cake
- Friday: Potato Crusted Pollack, Au Gratin Potatoes, French-Style Green Beans, Diced Pineapple, Granola Bar

January 14th - 18th:

- Monday: Tomato Mac Hotdish, Dinner Roll w/ Butter, California Blend, Fresh Banana, Oreo Cookie
- Tuesday: Dijon Pork Roast, Cheesy Hashbrowns, Broccoli, Fruit Cocktail, Mini Muffins

- Wednesday: Chicken Broccoli Bake, Tater Tots, Rutabagas, Fresh Grapes, Fruited Yogurt
- Thursday: Turkey Pot Pie, Biscuit, Mixed Vegetable, Fresh Apple, Yellow Cake
- Friday: Tuna Noodle Casserole, Mini Potatoes, Wax beans, Diced Pears, Chocolate Mousse

January 21st – 25th:

- Monday: Holiday
- Tuesday: Creamy Pork Chops, Scalloped Potatoes, Crinkle Cut Carrots, Apple Sauce, Peach Cobbler
- Wednesday: Fiesta Chicken Breast, Black Beans, Corn, Fresh Banana, String Cheese
- Thursday: Turkey Tetrazzini, Corn Bread Muffin, Asparagus, Cranberry Sauce, Rice Krispy Treat
- Friday: Garden Herb Haddock, Au Gratin Potatoes, Stir-Fry Vegetables, Fresh Orange, Chocolate Cake w/ White Frosting

January 28th – 31st:

- Monday: Beef Stew, Biscuit, Wax Beans, Assorted Fruit Juice, Assorted Pudding
- Tuesday: Honey Glazed Ham, Sweet Potatoes, Mixed Vegetables, Diced Peaches, Sugar Cookies
- Wednesday: Chicken Alfredo, Dinner Roll w/ Butter, California Blend, Fresh Grapes, Coconut Cream Dessert
- Thursday: Oven Roasted Turkey w/ Gravy, Bread Dressing, French-Style Green Beans, Fresh Apple, Fudge Brownies