

Dove Healthcare in Osseo

**Home Delivered Meals/Senior Dining & Fellowship
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County**

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001

Serving Monday-Friday from 11:45 to 12:45

Suggested Donation is \$ 3.75 per meal

(Anyone under 60 must pay the full meal cost of \$ 9.52)

March 2019

March 1st:

Friday: Garden Herb Haddock, Au Gratin Potatoes, Stir-Fry Vegetables, Fresh Orange, Chocolate Cake w/ White Frosting

March 4th – 8th :

Monday: Beef Stew, Biscuit, Wax Beans, Assorted Fruit Juice, Assorted Pudding

Tuesday: Honey Glazed Ham, Sweet Potatoes, Mixed Vegetables, Diced Peaches, Sugar Cookie

Wednesday: Chicken Alfredo, Dinner Roll w/ Butter, California Blend, Fresh Grapes, Lorna Doone

Thursday: Oven Roasted Turkey w/ Gravy, Bread Dressing, French-Style Green Beans, Fresh Apple, Fudge Brownies

Friday: Beer Battered Pollack, Mashed Potatoes w/ Gravy, Broccoli, Diced Pineapple, Oreo Cookie

March 11th – 15th:

Monday: Salisbury Steak, Rice Pilaf, Rutabagas, Fresh Orange, Assorted Gelatin

Tuesday: Garden Herb Pork Loin, Cheesy Hashbrowns, Cauliflower, Fruit Cocktail, Fruited Yogurt

Wednesday: Chicken & Rice Hotdish, Corn Bread Muffin, Stir-Fry Vegetables, Fresh Banana, Fig Newton

Thursday: Spaghetti w/ Meat Sauce, Dinner Roll w/ Butter, Asparagus, Apple Sauce, Carrot Cake w/ Cream Cheese Frosting

Friday: Lemon Pepper Haddock, Mashed Potatoes w/ Gravy, Crinkle Cut Carrots, Diced Pears, String Cheese

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March 18th – 22nd:

- Monday: Homemade Meatloaf, Mashed Potatoes & Gravy, California Blend, Cranberry Sauce, Assorted Pudding
- Tuesday: BBQ Pork Sandwich w/ Bun, Black Beans, Cauliflower, Diced Peaches, Chocolate Chip Cookie
- Wednesday: Chicken Cordon Bleu, Wild Rice Blend, Mixed Vegetables, Mandarin Oranges, Rice Krispy Treat
- Thursday: Turkey & Rice Hotdish, Rye Bread w/ Butter, Crinkle Cut Carrots, Assorted Fruit Juice, White Cake w/ Chocolate Frosting
- Friday: Potato Crusted Pollack, Au Gratin Potatoes, French- Style Green Beans, Diced Pineapple, Granola Bar

March 25th – 29th:

- Monday: Tomato Mac Hotdish, Dinner Roll w/ Butter, California Blend, Fresh Banana, Oreo Cookie
- Tuesday: Dijon Pork Roast, Cheesy Hashbrowns, Broccoli, Fruit Cocktail, Mini Muffins
- Wednesday: Chicken Broccoli Bake, Tater Tots, Rutabagas, Fresh Grapes, Fruited Yogurt
- Thursday: Turkey Pot Pie, Biscuit, Mixed Vegetable, Fresh Apple, Yellow Cake w/ Chocolate Frosting
- Friday: Tuna Noodle Casserole, Mini Potatoes, Wax Beans, Diced Pears, Lorna Doone